

Bassetts Ice Cream Company

Nutritional and Ingredient Data



CHERRY VANILLA

NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving

Calories 200 Calories from Fat 100

		% Daily Value*
Total Fat	11g	17%
Saturated Fat	7g	36%
Trans Fat	0.5g	
Cholesterol	45mg	15%
Sodium	45mg	2%
Potassium	140mg	4%
Total Carbohydrates	21g	7%
Dietary Fiber	0g	0%
Sugars	15g	
Protein	3g	

Vitamin A	8%	•	Vitamin C	2%
Calcium	10%	•	Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Cream, Milk, Sugar, Black Cherry Halves (Cherries, Water, Corn Syrup, Sugar, Citric Acid, Locust Bean Gum, Natural Flavor, Carrageenan, F. D. & C. Red No. 40, F. D. & C. Blue No. 1), Corn Syrup, Nonfat Milk, Vanilla, Natural Flavor, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin, Vanilla Bean

Allergen Alert: Contains Milk and Soy

Manufactured on equipment that is used to process other allergens.