

Bassetts Ice Cream Company

Nutritional and Ingredient Data



CHERRY VANILLA YOGURT

NUTRITION FACTS

Serving Size ½ cup (67g)

Amount Per Serving

Calories 100 **Calories from Fat** 20

		% Daily Value*
Total Fat	2g	3%
Saturated Fat	1.5g	7%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	55mg	2%
Potassium	135mg	4%
Total Carbohydrates	17g	6%
Dietary Fiber	0g	0%
Sugars	13g	
Protein	3g	

Vitamin A 2% • Vitamin C 2%
Calcium 10% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Milk, Sugar, Corn Syrup, Black Cherry Halves (Cherries, Water, Corn Syrup, Sugar, Citric Acid, Locust Bean Gum, Natural Flavor, Carrageenan, F. D. & C. Red No. 40, F. D. & C. Blue No. 1), Nonfat Milk, Cream, Whey, Vanilla, Mono and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Vanilla Bean. Contains live yogurt cultures.

Allergen Alert: Contains Milk

Manufactured on equipment that is used to process other allergens.