

Bassetts Ice Cream Company

Nutritional and Ingredient Data



DARK CHOCOLATE CHIP

NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving
Calories 200 Calories from Fat 110

		% Daily Value*
Total Fat	12g	18%
Saturated Fat	7g	37%
Trans Fat	0g	
Cholesterol	40mg	13%
Sodium	55mg	2%
Potassium	130mg	4%
Total Carbohydrates	22g	7%
Dietary Fiber	1g	6%
Sugars	15g	
Protein	3g	

Vitamin A 8% • Vitamin C 0%
Calcium 8% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS

Cream, Milk, Sugar, Chocolate Flavor (Corn Syrup, Water, High Fructose Corn Syrup, Cocoa Processed with Alkali, Caramel Color, Salt, Citric Acid, Artificial Flavor), Corn Syrup, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla), Cocoa Processed with Alkali, Nonfat Milk, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin

Allergen Alert: Contains Milk and Soy

Manufactured on equipment that is used to process other allergens.