

# Bassetts Ice Cream Company

## Nutritional and Ingredient Data



### GADZOOKS BLANC

#### NUTRITION FACTS

Serving Size ½ cup (77g)

Amount Per Serving  
**Calories** 220                      Calories from Fat 110

		% Daily Value*
<b>Total Fat</b>	12g	19%
Saturated Fat	8g	39%
Trans Fat	0.5g	
<b>Cholesterol</b>	45mg	15%
<b>Sodium</b>	90mg	4%
<b>Potassium</b>	140mg	4%
<b>Total Carbohydrates</b>	25g	8%
Dietary Fiber	0g	0%
Sugars	20g	
<b>Protein</b>	4g	

Vitamin A 8%                      •                      Vitamin C 2%  
 Calcium 10%                      •                      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:  
 Fat 9                      •                      Carbohydrate 4                      •                      Protein 4

### INGREDIENTS

Cream, Milk, Sugar, Caramel Variegate (High Fructose Corn Syrup, Buttermilk, Sugar, Milk, Butter, Modified Corn Starch, Natural and Artificial Flavors, Mono and Diglycerides, Salt, Sodium Citrate), Corn Syrup, Peanut Butter Brownies (Peanut Butter [Roaster Peanuts, Sugar, Molasses, Partially Hydrogenated Soybean Oil, Hydrogenated Rapeseed and Soybean Oils, Mono and Diglycerides, Salt], Peanut Butter Wafers [Sugar, Partially Hydrogenated Palm Kernel Oil, Partially Defatted Peanut Flour, Reduced Mineral Whey, Soy Lecithin, Salt], Milk Chocolate Wafers [Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa, Nonfat Milk, Reduced Mineral Whey, Soy Lecithin, Salt, Artificial Flavor], Nonfat Milk, Semi Sweet Chocolate Drops [Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Vanillin], Baking Powder [Cornstarch, Bicarbonate of Soda], Artificial Flavors, Caramel Color, Margarine [Partially Hydrogenated and Fully Refined Soybean Oil, Water, Salt, Mono and Diglycerides, Soy Lecithin, Beta Carotene], Reduced Fat Milk [Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3], Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Eggs, Sugar), Nonfat Milk, Chocoate Bits (Sugar, Coconut Oil, Cocoa Processed with Alkali, Cocoa, Milkfat, Soy Lecithin, Natural Flavors), Vanilla, Vanilla Bean, Guar Gum, Xanthan Gum, Carrageenan, Soy Lecithin.

**Allergen Alert: Contains Milk, Soy, Eggs, Peanuts and Wheat.** Manufactured on equipment that is used to process other allergens.