

# Bassetts Ice Cream

## Nutritional and Ingredient Data



### PLAIN TART YOGURT

#### Nutrition Facts

Serving Size 2/3 cup (104g)

Amount Per Serving  
**Calories** 210

	% Daily Value*
<b>Total Fat</b> 10g	13%
Saturated Fat 7g	35%
Trans Fat 0.5g	
<b>Cholesterol</b> 40mg	13%
<b>Sodium</b> 70mg	3%
<b>Total Carbohydrates</b> 26g	9%
Dietary Fiber 0g	0%
Total Sugars 20g	
Includes 13g Added Sugars	26%
<b>Protein</b> 4g	
Vitamin D 0mcg	0%
Calcium 166mg	15%
Iron 0mg	0%
Potassium 166mg	4%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

#### INGREDIENTS

Milk, Cream, Liquid Sugar (Sugar, Water), Corn Syrup, Nonfat Milk, Lactic Acid, Guar Gum, Locust Bean Gum, Carrageenan.

Contains live yogurt cultures.

**Allergen Alert: Contains Milk**

Manufactured on equipment that is used to process other allergens.